# **Students living off campus—**steps to take with a confirmed or possible COVID-19 diagnosis



Off-campus housing is considered any privately rented apartments or houses near campus.

### **MAKE A PLAN**

Students and families make a contingency plan in case they are exposed to or test positive for COVID-19.

# STUDENT DEVELOPS SYMPTOMS

Student calls Health Services at 218-726-8155 or their personal health care provider.

### STUDENT IS ASSESSED

- Health Services staff or personal health care provider assesses student's symptoms, determines if testing is needed, and advises on health care best practices.
- If a test is taken, follow instructions for a positive or negative result.

### IF STUDENT RECEIVES A NEGATIVE RESULT

- Student continues to isolate until symptoms have resolved.
- Student practices physical distancing, personal hygiene, and use of face coverings.
- Student continues to monitor personal health and contacts Health Services if needed.



### IF STUDENT RECEIVES A POSITIVE TEST RESULT

- If student receives a positive test result from their health care provider, student follows provider's directions for isolation.
- If student receives a positive test result from Health Services, Health Services advises student about health care best practices.



### STUDENT MOVES TO ISOLATION

- Student contacts faculty about ongoing academic support if missing class. (Student is not required to disclose isolation or quarantine status.)
- Student contacts Health Services if condition changes or worsens.
- Student leaves isolation/quarantine based on health care best practices and returns to on-campus activities.

Case: Someone who has had a confirmed positive test for COVID-19.

**Close contact**: Spending at least 15 minutes or more while fewer than 6 feet from someone who has a confirmed case of COVID-19 disease.

**Isolation**: When someone has a confirmed case of the virus and is asked by local health authorities to stay in one place away from others for 10 days after symptoms first appear, has gone 24 hours without a fever, and symptoms improve.

**Quarantine:** When someone who has been in close contact with someone who is confirmed to have the virus stays in one place away from others for 14 days after close contact to avoid transmitting it to others.



## CONTACT TRACING AND QUARANTINE

Students, faculty, staff, or others who may have had close contact with a confirmed positive case will be notified by Health Services or public health officials through contact tracing. > Student quarantines off campus for 14 days. > If student develops symptoms during this time, they would follow the outlined process. Names of people who test positive or who may have been exposed will not be released, per HIPAA and FERPA rules.

### WHO TO CONTACT

Health and wellness: <u>UMD Health Services</u> 218-726-8155 or

218-726-8155 or umdhs@d.umn.edu

Classes and academic support: Contact your instructors or advisor.